

Jessie Holmes, 5s. The President had proposed that Christmas Cards with letters of greeting should be sent to Fellows and Members in the Dominions and abroad. Matron Members had received the beautiful King's Card of St. Paul's from the River, and the Duchess of York's card of St. James Park in the time of Charles II, to whom we owe as a pleasure resort the most lovely bit of London. The Statement was approved.

LIST OF GIFTS.

Donations for Inscription on Silver Platter in Memory of Sir Richard Barnett.

Mrs. Bedford Fenwick, £1 15s. od., Miss Cochrane, R.R.C., £1 os. od. Miss K. Smith, R.R.C., 5s. od. Miss Ballard, 10s. od., Miss Le Geyt, £1 5s. od., Miss Farrant, 10s. od., Miss Bryson, £1 os. od.

Royal Memento.

Miss Bryson, 1914 sovereign.

Mrs. Bedford Fenwick, "Florence Nightingale," by Irene Cooper Willis. Miss A. F. Russell, £1 10s. od., for library steps. Miss K. A. Smith, R.R.C., concert and theatre tickets.

Flowers.

Miss Breay, Miss I. Macdonald, Miss M. S. Cochrane, R.R.C., 5s. od., Miss A. M. Bright, 5s. od.

History of Nursing Section.

Miss G. Le Geyt.—Engraving—Restored View of the Acropolis, Athens, looking towards the Propylæa.

Miss I. Macdonald.—Engravings of Hippocrate, Père de la Médecine, taken from the Marble Bust deposited in the Museum at Paris, and brought from the town of Cos, his native place, by the Emperor Napoleon; and

Esculape, Dieu de la Médecine, taken from the Ancient Statue deposited in the Museum at Paris, and brought from Albania by the Emperor Napoleon.

NEXT MEETING OF THE COUNCIL.

It was agreed that the next meeting of the Council should be held on Saturday, December 19th, at 2.15 p.m.

REGISTRATION DAY.

"Let us now Praise Famous (Wo)men."

The President proposed and it was agreed that the Registration Day Function should be held at the end of the Council meeting on December 19th, at 4.30 p.m. and that it should be celebrated by the Praise of Famous Women. It was agreed to read the names of all the Nurses who signed the Petition to the Privy Council in 1892 for a Royal Charter of Incorporation for the Royal British Nurses' Association to promote the Registration of Nurses.

Miss A. M. Bushby would then read the Dedication to Miss Florence Nightingale, by the author of "A Woman's Example and a Nation's Work." A Tribute to Florence Nightingale.

Mrs. Bedford Fenwick would read the Valedictory Address given by Miss Mollett on the death of Miss Isla Stewart, the first President of the Matrons' Council, at a meeting of the Council held on April 22nd, 1910, at 431, Oxford Street, W.

After which the 12 candles would be lighted on the Registration Cake, and guests, including all those who had served as Councillors, would be entertained to tea.

The meeting then terminated.

FIXTURES.

FOR DECEMBER, 1931.

December 19th.—Monthly Meeting of the Council, 2.15 p.m. Celebration of Registration Day. "Let us now praise famous (wo)men." Ceremony of cutting Registration Cake. 4.30 p.m.

FOR JANUARY, 1932.

January 26th, 1932.—Annual Meeting Tutorial Group. Reception and Tea. 5 p.m.

LONDON WEEK.

The Councillors of the British College of Nurses have the pleasure to invite three Fellows or Members of the College from the Provinces, and one from Scotland, to spend a week as their guests at the Club of the Royal British Nurses' Association early in the New Year, and will be pleased to hear from Fellows or Members who would enjoy this hospitality, and who might not otherwise be able to spend a week's holiday in the metropolis.

Those who would like to avail themselves of this opportunity are requested to communicate with the Secretary of the British College of Nurses, 39, Portland Place, London, W.1.

COACHING CLASSES.

Coaching Classes are held by arrangement at the College to coach Nurses who require additional instruction, and to prepare them for the Examinations of the General Nursing Council for England and Wales. Apply for terms to the Secretary, British College of Nurses, 39, Portland Place, London, W.1.

WHAT OUR FELLOWS ARE DOING.

Fellows and Members of the British College of Nurses are deeply indebted to Miss I. Macdonald, F.B.C.N., and Miss D. K. Graham, F.B.C.N., for a delightful Dance which was held on Thursday, December 3rd, at 194, Queen's Gate, S.W.7.

The charming hostesses received more than a hundred guests, in surroundings most tastefully arranged for the occasion, and evidence of Miss Beatrice Treasure's handiwork was apparent in the luxurious floral decorations. The varied and delicious refreshments were a culinary triumph.

A feature of the evening was when Dr. George Mackinnon who two years ago won the championship for piping in Scotland, stepped across the floor in Highland dress complete with bagpipes. The guests accepted the challenge and a Scotch Reel was danced in earnest to the splendid piping of Dr. Mackinnon.

It was a delightful evening for which warm thanks are due to our charming and generous hostesses, Miss I. Macdonald and Miss D. K. Graham.

A. S. B.

THE TUTORIAL GROUP.

METHODS OF FEEDING IN NUTRITIONAL DISEASES OF CHILDHOOD.

By Miss Eleanor Le Beau, Sister Tutor at the Hospital for Sick Children, Great Ormond Street, W.C.

The following Paper, prepared by Miss Eleanor Le Beau, S.R.N., F.B.C.N., was read by her at a meeting of the Tutorial Group at 39, Portland Place, W., on November 17th.

Rickets.

In rickets, not only the diet, but the environment must be considered in relation to the disease. To take the first.

A diet lacking in the Vitamins A and D and containing an excess of carbohydrates, are contributing causes. The Vitamins A and D have apparently different functions, A being responsible for growth and D necessary for the prevention of rickets. Good bone formation depends on correct deposit of lime salts and phosphates and Vitamin D controls the deposition and compensates for any disparity in their proportion. The salts may be in the food in sufficient quantity, but cannot be utilized if the last-named factor is lacking. Most animal fats contain Vitamins A and D, therefore if the diet contains fresh cow's milk, eggs,

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